

A 10,000 Thousand Foot Life View

1. Faith
2. Family
3. Fitness
4. Finance
5. Fun
6. Freedom
7. Following
8. Friends

What three areas, if improved significantly would have the greatest impact on your life?

- _____
- _____
- _____

For each one:

1. Why do you choose this?
2. Why is this important to you?
3. What specific impact would this have in your life?
4. What happens if you DON'T do anything different in this area?
5. What specific outcomes would show you've made significant improved and in what time frame?
6. How will you make the necessary changes to lead to the results you want?