



To qualify for one free coaching session (up to 2 hours), please complete the checklist below to the best of your ability and email or mail back to Mike.

7 Power Questions

1. What areas of your life could be upgraded/tweaked for improvement?
2. What could we work on now that would make the biggest difference in your life?
3. What are you tolerating/putting up with?
4. What do you want more of?
5. What do you want less of?
6. What do you love?
7. What do you hate?

Pre-Set Free Coaching Session Time and Location

Time: _____ Location: _____

Please scan and email to Mike Greene at mike@integrityworkscoaching.com or mail to:

Mike Greene
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