

# ***Effort is a blessing***

*by Ralph Marston*

*Difficult is nothing more than an arbitrary judgment.  
Effort is effort, and you can do it if you choose.*

*A great achievement requires much effort. Yet that effort  
is difficult only when you see it as such.*

*Instead of obsessing over how difficult or easy it is, just  
do it. Focus on the result and, what's even more  
important, your reason for making it happen.*

*Every effort is a blessing. For effort enables you to live  
the life you choose to live.*

*You have the priceless opportunity of being able to do  
what it takes. Put joy in the effort, whatever it may be,  
and reap the rewards of making a difference.*

*Welcome the effort and all the value it gives you the  
opportunity to create.*